



Dear Chaperone,

Greetings from the redwoods of Mission Springs! Thanks for your willingness to serve as chaperone in a few weeks. You are a valuable part of the students' outdoor education experience, and I appreciate the sacrifice you are making to spend a few days with us.

One thing you should know is that your time spent here will involve a lot of hiking. Most of our classes are trail-based and therefore involve hiking. The majority of our trails involve uphill hiking, including areas with steps. Most days will involve 2-3 hikes each day, traveling up to a couple of miles on each hike. We strongly suggest that you exercise regularly during the month previous to your trip.

Your main role and responsibility is to help maintain discipline and supervise students while at Mission Springs. You will be the primary supervisor during the following times:

- Line-Ups - occur before each activity
- Meals - you will be expected to sit with and assist the students
- Flat on Bunk times - 50-minute rest period after lunch
- Evening Programs
- During the Night
- Other times assigned by your school's teacher

For the trip to run smoothly, we want to let you know of expectations that we have for you as a chaperone:

- Assist students during the move-in and move-out process.
- Join a hiking group as assigned by the teacher and assist with the supervision, discipline, and safety of the group.
- Use good judgment regarding student safety, including while the students are in their cabins.
- Gently enforce Mission Springs' guidelines and behavioral policies. We will go over these soon after you arrive.
- Be a good role model with a positive attitude. The students will imitate your behavior and attitude. If you have a complaint, please talk to your school's teacher or the Director of Outdoor Education in private.
- Have fun and learn along with the students!

On the back, there is a packing list for you as a chaperone.

I look forward to working with you!

Stacie Daoust Burch

Director of Mission Springs Outdoor Education

CHAPERONE PACKING LIST

You Must Bring:

- Face Mask
- Warm, durable clothing and water-resistant shoes
- Bedding – pillow, sheets, blankets, or sleeping bag
- Bath towel and hand towel
- Waterproof rain jacket
- Toiletries – bath and hand soap, toothbrush, sunscreen, etc.
- Water bottle
- Alarm clock
- Sun protection (hat, sunscreen)

Optional Items:

- Gloves
- Laundry bag for dirty clothes
- Cell phone (please do not use during class)
- Camera, binoculars
- Bathmat or towel for bathroom floor

Please Do Not Bring:

- Large amounts of money or expensive jewelry
- Food or beverages
- Knives or other weapons
- Alcohol or tobacco products
- Video games
- Radios, MP3 or CD players